

REFERENCE BOOK OF

# COUNTY AND COMMUNITY RESOURCES

SCHOOL YEAR  
2012-2013

**COMPLIMENTS OF COUNCIL MEMBER ERIC OLSON, DISTRICT 3  
PRINCE GEORGE'S COUNTY GOVERNMENT**

For additional copies of this Reference Book, please call 301-952-3060

September 1, 2012

Dear School and Community Leaders,

I hope your year is moving forward smoothly. For the past four years, my office has worked hard to link county and community resources to residents. Consequently, we thought this reference book with county and community resources may be helpful to school administrators and community leaders in the delivery of services to students and their families within District 3. Some of the information is in Spanish and all is up to date. It is our intention to review this package at the beginning of each school year and, at that time, will provide you with updated resources.

I also want to take this time to make sure you are aware of resources available through my office to assist your school, parents, and students. Wanda Brooks, Thomas Mayah, and Alina Smith can each assist your parents with such items as rental-assistance, working with Social Services, or simply addressing a neighborhood quality-of-life concern. Together, they respond to constituent requests and needs. Dannielle Galaros is my Chief of Staff and can assist on any matter. They can be contacted as follows:

Wanda Brooks	301-952-3060, <a href="mailto:wjbrooks@co.pg.md.us">wjbrooks@co.pg.md.us</a>
Thomas Mayah	301-952-3060, <a href="mailto:tsmayah@co.pg.md.us">tsmayah@co.pg.md.us</a>
Alina Smith	301-952-7473, <a href="mailto:amsmith@co.pg.md.us">amsmith@co.pg.md.us</a> (Spanish speaking)
Dannielle Galaros	301-952-3060, <a href="mailto:dmgalaros@co.pg.md.us">dmgalaros@co.pg.md.us</a>

If there is a meeting, activity, or event that you would like me to participate in, please contact my office scheduler/manager, Tina Butler, [ttbutler@co.pg.md.us](mailto:ttbutler@co.pg.md.us) or me directly, [eolson@co.pg.md.us](mailto:eolson@co.pg.md.us). As always, I look forward to continuing working with you. If I can be of assistance, please don't hesitate to call me or my staff at 301-952-3060.

Sincerely,



Eric C. Olson  
Council Member, District 3  
Prince George's County Council

*A special thanks to Charmaine Wilson-Jones and Kristopher Jiles for helping to compile this guide.*

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# Strengthening Our Community

*Removing blight is a community effort. If you have a neighborhood blight concern, please contact the County at the following numbers so the problem can be resolved. Also, feel free to call Council Member Olson's office directly at 301-952-3060 for assistance.*

*Residents of Berwyn Heights, College Park, Landover Hills, New Carrollton, Riverdale Park, and University Park should first contact your local municipality. Blight concerns in these areas are mostly handled by city or town government.*

Illegal Dumping (parks, behind businesses, on roadways)	301-499-8520
Abandoned Vehicles, Vehicles on property (Unlicensed, Expired Tags, Dismantled, Inoperative, etc.)	301-883-6100
Parking on Front Lawns	301-925-9448
Boarded House Violations	301-883-6100
Commercial Vehicles/Tractor-trailers (parked in home driveways or county roads)	301-925-9448
Graffiti	301-699-2980 in Police District 1
Tree Trimming/Dead Trees	301-499-8520
Damaged/Missing Signage and Markings	301-883-5600
Bulk Pickups	301-952-7600
Unkept Sites (Construction: Dirt all over the roads, etc.)	301-883-6100
Illegal Mobile Vendors (selling food/wares on roadside, in parking lots)	301-883-6100
Abandoned Homes	301-883-6100
Tall Grass/Weeds	301-883-6100
Trash/debris around Premises/Unsightly Property	301-883-6100
Residential Car Repair or Sales (home business)	301-883-6100
Open Storage (automotive parts/tires, indoor appliances, construction debris, etc)	301-883-6100
Illegal Signs (A-Frames, Banners, Pennants, Whirly, lawn signs along roadways)	301-883-5600
Litter	301-499-8520
Roadway Maintenance	301-499-8520
Street Lights (existing)	1-877-737-2662 or 1-800-685-0123 (BGE)
Storm Drain Maintenance	301-499-8520
Resurfacing	301-883-5600
Sidewalks	301-883-5600
Curbs and Gutters	301-883-5600
County Right-Of-Way Maintenance	301-883-5600
State Right-Of-Way Maintenance	301-776-7619
Traffic Signals	301-883-5650

**Prince George's County  
Eric Olson, Council Member District 3  
Together Strengthening Our Communities  
Website: [www.princegeorgescountymd.gov/district3](http://www.princegeorgescountymd.gov/district3)  
Phone: 301.952.3060**

*Updated June 2011*

# Additional Important Numbers

Requests for New or Improved Street Lights	301-883-5650
Requests for Speed Humps on County Streets	301-883-5710
Voter Registration	301-430-8020
Mosquito Control	301-422-5080
Animal Complaints	301-780-7200
Snow Removal	301-350-0500
Police District 1 (University Park, College Park, Riverdale Park, Riverdale, Beacon Heights, West Lanham Hills, New Carrollton, Landover Hills)	301-699-2630
Police District 2 (Seabrook, Lanham, Glenn Dale)	301-390-2100
MNCPPC Park Police	301-459-3232
Fire/EMS Non-Emergency	301-352-1200
Board of Education	301-952-6115
Department of Aging	301-265-8450
Prince George's Community College	301-336-6000
Department of Environmental Resources	301-883-5810
Department of Public Works and Transportation	301-883-5600
Prince George's County Planning Department	301-952-3650
Prince George's Parks and Recreation	301-699-2255
<b>Free Smoke Detectors</b>	Call your local fire station
<b>Free Guides:</b>	
Homeowner's Guide to Property Maintenance	301-883-5810
Guide to the Permit Process	301-883-5810
Park and Recreation Guide - classes for children and adults	301-699-2255

## Interested in Becoming More Involved In Your Community?

Here are a few ways to get started:



### ***Join the Community Partners Program***

The Department of Public Works and Transportation is looking for residents to serve as their eyes and ears by becoming volunteer inspectors. Help the department by identifying problems such as snow and ice removal before they become major community concerns. Contact Susan Hubbard at 301-883-5600 for more information.

### ***Join or Start a Neighborhood Watch Program***

Help the police by reporting suspicious activity. Find out more about your local neighborhood watch by contacting Kim Lugo, Police District 1 at 301-345-2553 or Sgt. James Rodgers, Police District 2 at 301-390-2184.

### ***Coordinate a Neighborhood Cleanup***

You supply the volunteers and gloves and the Department of Environmental Resources will provide a dumpster for a neighborhood cleanup. Contact Valerie Watson at 301-574-5870 to coordinate.

### ***Join or Start a Citizen Association***

Working together with other members of your community can help your neighborhood more effectively advocate your concerns. Contact Wanda Brooks at 301-952-3060 to find out about your local citizen association or for assistance in starting one.

### ***Volunteer With Your Local School or Senior Center***

Many Prince George's County organizations are looking for volunteers. To find your perfect fit, please reference the 'Important Numbers' above.

-----Please Keep For Reference-----

# FORTALECIENDO NUESTRAS COMUNIDADES

*Mejorar nuestras comunidades exige un esfuerzo conjunto. Si Ud. observa situaciones de desarreglo o contra código en su vecindario, por favor llame al Condado a los siguientes números para encontrar una solución al problema. También puede llamar a la oficina del Concejal Olson al 301-952-7473 en español.*

*Si Ud. vive en Berwyn Heights, College Park, Landover Hills, New Carrollton, Riverdale Park o University Park llame primero a su municipalidad. Este tipo de quejas suelen ser solucionadas por el gobierno de la ciudad o localidad.*

Arrojo ilegal de basura (en parques, atrás de edificios, en las calles, etc.)	301-499-8520
Vehículos abandonados, vehículos sobre la propiedad; sin licencia o con licencia expirada, desarmados o inoperables, etc.	301-883-6100
Estacionamiento sobre el césped al frente de la casa	301-925-9448
Pensión/Casa de Hospedaje – Violaciones de Código	301-883-6100
Vehículos comerciales o camión con acoplado (estacionados en zona residencial)	301-925-9448
Graffiti	(Distrito Policial 1) 301-699-2980
Reporte de árboles secos o que deben ser podados	301-499-8520
Carteles y señales de calles dañadas o que faltan	301-883-5600
Recolección de basura voluminosa o pesada	301-952-7600
Lugares de construcciones descuidados; tierra en la calle, etc.	301-883-6100
Venta ambulante ilegal (en calles o lugares de estacionamiento)	301-883-6100
Casas abandonadas	301-883-6100
Césped o pasto muy alto; malezas	301-883-6100
Basura alrededor de la vivienda; propiedades no mantenidas	301-883-6100
Reparación o ventas de automóviles en área residencial	301-883-6100
Almacenamiento al aire libre (partes de automóviles, llantas, refrigeradores, etc.)	301-883-6100
Letreros ilegales (en forma de A, en caminos públicos, banderines, remolinos)	301-883-5600
Basura en las calles	301-499-8520
Mantenimiento de Calzadas y Caminos	301-499-8520
Alumbrado público	PEPCO 1-877-737-2662 BGE 1-800-685-0123
Mantenimiento de Desagües	301-499-8520
Repavimentación	301-883-5600
Veredas / aceras	301-883-5600
Cordón de veredas, canaletas, alcantarillas	301-883-5600
Reparaciones de responsabilidad del Condado	301-883-5600
Reparaciones de responsabilidad del Estado	301-776-7619
Semáforos	301-883-5650

**Condado de Prince George**  
**ERIC OLSON, Concejal del Distrito 3 – 301-952-7473 (en Español)**  
**UNIDOS FORTALECEMOS NUESTRAS COMUNIDADES**  
**[www.princegeorgescountymd.gov/district3](http://www.princegeorgescountymd.gov/district3)**

*Updated June 2011*

# Otros Números Importantes

Solicitar nuevo o mejor alumbrado público	301-883-5650
Solicitar controles de velocidad (street humps) sobre calles del condado	301-883-5710
Registrarse para Votar	301-430-8020
Control de Mosquitos	301-422-5080
Quejas sobre animales	301-780-7200
Limpieza de calles después de una nevada	301-350-0500
Distrito Policial No. 1 (University Park, College Park, Riverdale, Riverdale Park, Beacon Heights, West Lanham Hills, New Carrollton, Landover Hills)	301-699-2630
Distrito Policial No. 2 (Seabrook, Lanham, Glenn Dale)	301-390-2100
MNCPPC – Policía de Parques	301-459-3232
Policía-No Emergencia/Vagancia Escolar	301-352-1200
Junta de Educación	301-952-6115
Departamento de Residentes Mayores	301-265-8450
Prince George's Community College	301-336-6000
Departamento de Recursos Ambientales	301-883-5810
Departamento de Obras Públicas y Transporte	301-883-5600
Departamento de Planeamiento del Condado	301-952-3650
Departamento de Parques y Recreaciones del Condado	301-699-2255
Detectores de Humo - <b>Gratis</b>	Llame a su estación de bomberos local

## Guías Gratis:

Guía para el Mantenimiento de Propiedades	301-883-5810
Guía para el Procesamiento de Permisos	301-883-5810
Parques y Recreaciones – Clases para niños y adultos	301-699-2255

## ¿Está Interesado En Ser Un Integrante Más Activo De Su Comunidad?

Para comenzar, aquí hay unas sugerencias:



### Únase Al Programa De Compañeros En La Comunidad

El Departamento de Obras Públicas y Transporte está buscando residentes interesados en ser sus ojos y oídos sirviendo como inspectores voluntarios, para ayudar al Departamento a identificar problemas tales como la necesidad de quitar nieve o hielo antes de que estos se conviertan en problemas mayores. Llame a Susan Hubbard al 301-883-5600 para más información. También puede llamar a la oficina del Concejal Eric Olson, en español 301-952-7473.

### Únase Al Programa De Vigilancia Del Vecindario

Ayude a la Policía reportando actividades sospechosas. Obtenga más información sobre este programa llamando a Kim Lugo, al 301-345-2553 (Distrito 1), o al Teniente James Rodgers al 301-390-2184 (Distrito 2). También puede llamar a la Oficina del Concejal Olson, en español al (301) 952-7473.

### Coordinar Una Limpieza General Del Vecindario

Ud. provee los voluntarios y los guantes, y el Departamento de Recursos Ambientales proveerá el contenedor para la basura recogida. Llame a Valerie Watson al 301-574-5870 para coordinar, o en español al 301-952-7473.

### Únase O Cree Una Asociación De Vecinos

La unión hace la fuerza. Trabajando junto a otros miembros de la comunidad, abogar por el vecindario será más efectivo. Llame a la Oficina del Concejal Olson para hablar con Wanda Brooks (301-952-3060), o en español al 301-952-7473.

### Ofrezca Sus Servicios Voluntarios A Escuelas, O Centros De Servicios A Personas Mayores.

Muchas organizaciones en el Condado están buscando voluntarios. Para encontrar una actividad adecuada a sus preferencias, refiérase a "Otros Números Importantes" indicados arriba.

-- Sugerimos Que Guarde Esta Guía Para Uso Futuro --

# Bullying

Bullying is a common experience for many children and adolescents. Surveys indicate that as many as half of all children are bullied at some time during their school years, and at least 10% are bullied on a regular basis.

Bullying can be physical or verbal. Boys tend to use physical intimidation or threats, regardless of the gender of their victims. Bullying by girls is more often verbal. Bullying has even been reported in online chat rooms, through e-mail and on social networking sites.

Children who are bullied experience real suffering that can interfere with their social and emotional development, as well as their school performance. Some victims of bullying have even attempted suicide rather than continue to endure such harassment and punishment.

<sup>4</sup> Children and adolescents who bully thrive on controlling or dominating others. They have often been the victims of physical abuse or bullying themselves. Bullies may also be depressed, angry or upset about events at school or at home. Bullies often choose children who are passive, easily intimidated, or have few friends. Victims may also be smaller or younger, and have a harder time defending themselves.

If you suspect a student is bullying others, seek help for him or her as soon as possible. Without intervention, bullying can lead to serious academic, social, emotional and legal difficulties. Notify the child's parents as soon as possible. If the bullying continues, take appropriate disciplinary measures. You can also help by punishing the bullies and assisting the victim. Remember to refer the victim to their guidance counselor.

It's also important to respond in a positive and accepting manner. Let the student know it's not his or her fault, and that he or she did the right thing by telling you. Other specific suggestions include the following:

- Ask the student what he or she thinks should be done. What's already been tried? What worked and what didn't?
- Seek help from the student's teachers and school guidance counselor. Most bullying occurs at school. Use various methods to resolve the conflict such as peer mediation, conflict resolution, and anger management training, and increased adult supervision.
- Don't encourage the student to fight back. Instead, suggest that he or she try walking away to avoid the bully, and that they seek help from a teacher or administrator.
- Encourage the student to be with friends when traveling to and from school, during shopping trips, or on other outings. Bullies are less likely to pick on a child in a group.

If you notice that a student becomes withdrawn, depressed or reluctant to go to school, or if you see a decline in school performance, additional consultation or intervention may be required. A child and adolescent psychiatrist can help develop a strategy to deal with the bullying. Seeking professional assistance earlier can lessen the risk of lasting emotional consequences for student.

Updated June 2012

# Cyberbullying

## Cyber Bullying: Statistics and Tips

In the 2003-04 school year, i-SAFE America surveyed students from across the country on a new topic: Cyber Bullying. It is a topic that not many adults were talking about. It turns out to be a topic all too familiar with students.

Bullying is no longer about the strong picking on the weak in the schoolyard. The physical assault has been replaced by a 24 hour per day, seven days a week online bashing. Savvy students are using Instant Messaging, e-mails, chat rooms and websites they create to humiliate a peer. No longer can parents count on seeing the tell-tale physical signs of bullying: a black eye, bloody lip, or torn clothes. But the damage done by cyber bullies is no less real, and can be infinitely more painful.

### Statistics

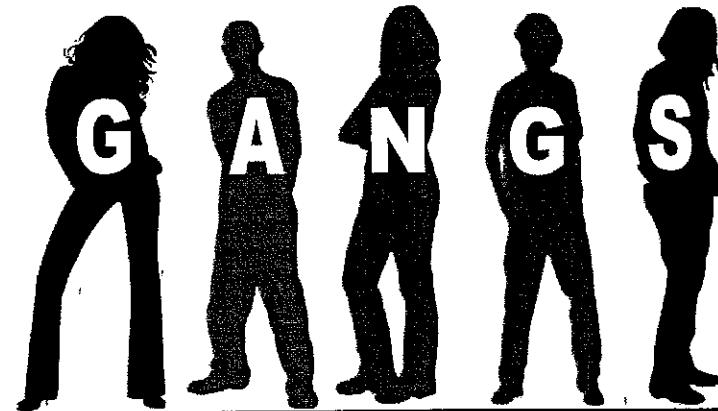
- 42% of kids have been bullied while online. 1 in 4 have had it happen more than once.
- 35% of kids have been threatened online. Nearly 1 in 5 have had it happen more than once.
- 21% of kids have received mean or threatening e-mail or other messages.
- 58% of kids admit someone has said mean or hurtful things to them online. More than 4 out of 10 say it has happened more than once.
- 53% of kids admit having said something mean or hurtful to another person online. More than 1 in 3 have done it more than once.
- 58% have not told their parents or an adult about something mean or hurtful that happened to them online.

### Tips

- Tell a trusted adult about the bullying, and keep telling until the adult takes action.
- Don't open or read messages by cyber bullies.
- Tell your school if it is school related. Schools have a bullying solution in place.
- Don't erase the messages as they may be needed to take action.
- Protect yourself. Never agree to meet with the person or with anyone you meet online.
- If bullied through chat or instant messaging, the bully can often be blocked.
- If you are threatened with harm, inform the local police.

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### What is a gang?

A gang is a group of people who claim some territory known as "turf" and use it to make money. Gangs make money through illegal activities such as drug trafficking and extortion.

Gangs are violent and dangerous. Although gangs seem more popular in urban neighborhoods, they are actually present everywhere. Do you know any kids in your neighborhood who belong to a gang? Don't let them talk you into thinking joining is a good idea. It could cost you your life.

### Quick facts about gangs

- Gangs can be organized around race or ethnic groups, money-making activities, or territory.
- Gangs are normally made up of members eight to 22 years old.
- Gangs usually claim a territory within a community known as their "turf." Much of their time is spent fighting rival gangs to keep them out of this territory.
- Gang members wear particular items of clothing, such as bandanas or baseball caps of a specific color, or display gang-related tattoos or symbols.
- Gangs often use special hand signs or handshakes to tell others which gang they belong to.

### Why do young people join gangs?

- To belong to a group
- To get protection
- To earn money
- To seek excitement

### So what can I do if I don't join a gang?

- Join a sports team.
- Join an afterschool club.
- Hang out at your local community center.
- Get a part-time job.

### Why should I avoid gangs?

- Joining a gang will not give you more protection; it could enhance your chance of being targeted as a victim.
- Gang members make far less money than those who do not join gangs.
- Gang members usually don't get a good education, making it hard to find a good job.
- Gangs are violent and dangerous, and members are also at a higher risk for getting arrested.

### Take Action!

If gang members threaten you, don't overreact, stay cool, and tell a trusted adult.

If gang threats continue, tell your parents, law enforcement, or school officials.

Hang out with kids who are not involved and don't want to be involved in a gang.

Start a youth group to help clean graffiti or improve the neighborhood.

*If you or someone you know is involved in a gang, talk to a trusted adult or call your local teen crisis hotline for help on getting out.*

*The National Center for Victims of Crime Helpline: 800-FYI-CALL*



## **Domestic Violence**

### **Who Should I Call?**

#### **Family Crisis Center of Prince George's County**

Provides crisis intervention services to families affected by domestic violence through emergency shelter, counseling for victims, children, and abusers, a 24 hour hotline, a safe visitation center, community education, and legal information and representation. Services also include an anger management program. No males over the age of 12 in the emergency shelter.

**Phone:** (301) 779-2100

**24 Hour Hotline:** (301) 731-1203

**Location:** (serving Prince George's County and Washington Metropolitan area)

3601 Taylor Street

Brentwood, MD 20722

**Fax:** (301) 779-2104

#### **Services:**

- Domestic Violence Counseling
- Safe Haven for victims of Domestic Violence and their Children
- Safety Visitation Center and Exchange for over-night visits (according to court order)
- Community Education
- Court Companions

#### **Limitations:**

- No legal advice (referrals only)
- No males over the age of 12 in the safe haven

To locate other domestic violence programs in Maryland:

<http://dhr.maryland.gov/victim/dvp.php>

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#### **House of Ruth Maryland**

House Of Ruth Maryland provides legal assistance, counseling to women and children, emergency shelter for domestic violence victims. Call the House Of Ruth or go directly to the walk-in legal clinics in both courthouses.

**Location:**

The Baxter Center for Family Safety and Support  
P.O. Box 697  
Beltsville, MD 20704  
Phone: (240) 450-3270

**Location:**

Room 155 Courthouse  
14735 Main Street  
Upper Marlboro, MD 20772

**Phone:** (301) 952-4303

**Fax:** (301) 574-3782

**24 Hour Hotline:** 410-889-RUTH (7884)

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**The Pro-Bono Counseling Project**

- provides professional counseling for clients without insurance coverage  
Phone: (301) 805-8191 or (410) 410-323-5800

Website: <http://www.probonomd.org/>

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## Symptoms of Domestic Violence

### Misuse of Power

#### Using Emotional Abuse

- Putting you down
- Making you feel bad about yourself
- Calling you names
- Making you think you're crazy
- Playing mind games
- Humiliating you
- Making you feel guilty

#### Using Privilege

- Treating you like a servant
- Making all the big decisions
- Acting like the "Master"
- Being the one to define roles
- Making you unimportant
- Punishment for not "obeying"
- Ordering you around

#### Using Economic Abuse

- Preventing you from getting a job
- Making you ask for money
- Giving you an allowance
- Taking your money
- Secretive about income

#### Using Coercion and Threats

- Making or carrying out threats
- Threatening to leave, to commit suicide, to report you to welfare
- Making you drop charges
- Making you do illegal things

#### Using Intimidation

- Making you afraid (looks, gestures, actions)
- Smashing things
- Abusing Pets
- Displaying Weapons
- Threatening to expose your "weakness"
- Threatening to "tell"

#### Using Children

- Making you feel guilty about the children
- Using the children to relay messages
- Using visitation to harass you
- Threatening to take the children
- Threatening to hurt you through them

#### Using Isolation

- Controlling what you do, who you see and talk to, what you read, & where you go
- Limiting your outside involvement
- Using jealousy to justify actions
- Destroying your support system

#### Minimizing, Denying, Blaming

- Making light of the abuse and not taking your concerns about it seriously
- Saying the abuse didn't happen
- Shifting responsibility for abusive behavior

Updated June 2012

## Local Community Service Opportunities

### **Prince George's County Public Libraries**

- Hyattsville Branch – 6530 Adelphi Road – 301-985-4690
- Greenbelt Branch – 11 Crescent Road – 301-345-5800
- New Carrollton Branch - 7414 Riverdale Road – 301-459-4690

**Prince George's County Department of Parks and Recreation** – Their website's **Volunteers** page has many volunteer opportunities for individuals 13 years of age and older, including **Student Service Learning** specific positions. Some positions are listed below.

- Bladensburg Waterfront Park – 4601 Annapolis Road – 301-779-0371
  - Anacostia River Cleanup Assistant
  - Boat House Attendant Aide
- Herbert Wells Ice Rink – 5211 Paint Branch Parkway – 301-277-3717
  - Junior Skating Instructor
  - Ice Rink Guard Assistant
  - Ice Rink Attendant Assistant
  - Ice Rink Birthday Party Ambassador

### **Other Volunteer Opportunities:**

- **Park Police Volunteer Association** – 301-459-9088
- **Prince George's County Boys and Girls Club** – 301-459-6800 or [www.pgcbgc.org](http://www.pgcbgc.org)
- **American Red Cross** – 6206 Belcrest Road – Hyattsville - 301-559-8500
- **SHARE** (Food Cooperative Program) – Hyattsville – 301-864-3115 - Youth help bag food items for distribution to the needy.

**Updated June 2012**

## Local Organizations

### College Park Arts Exchange

CPAE is a non-profit organization that makes nearby artistic, cultural, creative, and educational resources available to local residents of all ages and backgrounds. Some activities are free while others require a fee. CPAE is open to non-College Park residents.

**Programs:** Arts Drop-In, Book Club, Cultural Connections, Youth Choir, Youth Orchestra

**Address:** 4711 Knox Road – College Park, MD 20740

**Phone Number:** 301-927-3013

**Website:** [www.cpae.org](http://www.cpae.org)

### First Generation College Bound (FGCB)

FGCB assists Prince George's County students on the road to becoming the first in their families to get a college education. This program is active in Parkdale High School as well as many other schools in the county.

**Programs:** Homework Club, College Access (Applying & Financing), College Retention

**Address:** 380 Main Street Suite 206 – Laurel, MD 20707

**Phone Number:** 301-490-0911

**Website:** [www.fgcb.org](http://www.fgcb.org)

### Take Charge Program

The Take Charge Program strengthens families and intervenes in the lives of at-risk youth.

**Services:** Juvenile Consultation, Staff Training/workshops

**Address:** 7610 Pennsylvania Avenue - Suite 300 - Forestville, Maryland 20747

**Phone Number:** 301-420-7395

**Website:** [www.takechargeprogram.org](http://www.takechargeprogram.org)

### Prince George's County Memorial Library System

PGCMLS provides materials and information for study and personal enrichment. There are 18 branches in Prince George's County. Contact your neighborhood branch for more information.

**Website:** [www.pgcmls.info](http://www.pgcmls.info)

### Prince George's County Department of Parks and Recreation

The Department of Parks and Recreation provides quality recreation programs, facilities, and services for residents and visitors. Programs are provided for all ages. Fee reductions are available if needed. There are numerous Parks and Recreation facilities throughout Prince George's County. Contact your local community center for more information.

**Address:** 6600 Kenilworth Avenue – Riverdale, MD 20737

**Phone Number:** 301-699-2255

**Website:** [www.pgparks.com](http://www.pgparks.com)

### Park Rangers

Park Rangers' outreach programs include educational activities, youth clubs, presentations at schools, and outdoor events.

**Address:** 14955 Pennsylvania Avenue - Upper Marlboro, MD 20772

**Phone Number:** 301-627-7755

**Website:** [www.pgparks.com/About-Parks-and-Recreation/Park\\_Rangers.htm](http://www.pgparks.com/About-Parks-and-Recreation/Park_Rangers.htm)

### **Latin American Youth Center**

LAYC works with over 4,000 individuals each year to support academic achievement, promote healthy behaviors, and guide youth toward successful adulthood. In addition, LAYC conducts advocacy and policy work to broaden opportunities for youth.

**Programs:** Counseling, Gang Prevention, AmeriCorps, Upward Bound, Workforce Development

**Address:** 6600 Kenilworth Avenue – Riverdale, MD 20737

**Phone Number:** 301-699-2255

**Website:** [www.layc-dc.org](http://www.layc-dc.org)

### **Police Explorers**

The Prince George's County Police Explorers Program is a career oriented mentoring program that introduces young men and women between the ages of 14 and 20 to the skills they would use if they choose to work in law enforcement.

**Address:** 7600 Barlowe Road – Palmer Park, MD 20785

**Phone Number:** 301-909-7126

**Contact Person:** Cpl Conrad D'Haiti - [cddhaiti@co.pg.md.us](mailto:cddhaiti@co.pg.md.us)

### **Girl Scouts Council of the Nation's Capitol**

The Girl Scouts Council of the Nation's Capitol enables girls to discover the fun, friendship, and power of girls together. Through a myriad of enriching experiences, such as extraordinary field trips, sports skill-building clinics, community service projects, cultural exchanges, and environmental stewardships, girls grow courageous and strong.

**Address:** 4301 Connecticut Avenue NW – Washington, DC 20008

**Phone Number:** (202) 237-1670

**Programs:** Girls aged 5-9, Girls aged 10-12, Girls age 13-17

**Website:** [www.gscnc.org](http://www.gscnc.org)

### **Colours Arts Program**

The Colours creative arts program was started to address the lack of artistic opportunity for students in Prince George's County Schools. It was also started to infuse the arts into their lives as an agent of leadership development, community involvement and professional skills.

**Address:** Northwestern High School – 7000 Adelphi Road – Hyattsville, MD 20785

**Phone Number:** 301-454-8388

**Contact Person:** Jason Cook – [coloursprogram@gmail.com](mailto:coloursprogram@gmail.com)

**Updated June 2012**

	Bowie	College Park	District Heights	Greenbelt	Laurel-Beltsville
Hours of Operation	Mon-Thurs 9am - 9pm Friday 9am - 5pm	Mon & Fri 9:30am - 6 pm Tues, Wed, Thurs 9:30 am - 9	M, & Th 9am - 9 pm F 9 am - 3 pm	Mon & Wed 9am-9pm Tues, Thurs, & Fri 9am - 5pm	Mon & Fri 8 am - 5pm Tues, Wed, Thurs 12pm - 8pm
Fees for Service	Bowie \$20; Others \$30; Grps \$50 - \$120	Sliding scale \$ 2 - \$ 47	No chrg for DH Others: Sliding scale \$ 2-\$ 37	Free counseling services	Sliding scale. \$6 - \$66 Medicaid Accepted
Other Services	Teen Mentoring, Drug/Alcohol Prevention	Community Outreach, Parenting Grps	Support Groups, Substance Abuse Treatment, BSFT Family Therapy	GED Tutoring	Free adolescent substance abuse urine screens and treatment on site.

Prince George's County  
Youth Services Bureaus  
c/o 4912 Nantucket Rd  
College Park, MD 20740

PRINCE GEORGE'S  
COUNTY  
YOUTH SERVICE  
BUREAUS  
Specializing in services to  
youth and their families.  
Making a difference  
countywide.

C G P  
Y S B

## Prince George's County Youth Service Bureaus

### What Youth & Families Call About

#### ADHD

Aggression/Anger

Bullying

Delinquent-like Behavior

Depression or Anxiety

Family Conflict

Grief/Loss

Poor Decision Making

School Absenteeism

School Suspensions

Separation/Divorce

Social Skills

Suicidal Thoughts

Teen Pregnancy

Withdrawal from Peers

### Locations

#### BOWIE YOUTH AND FAMILY SERVICES

2614 Kenhill Drive  
Bowie, Maryland 20715  
Phone: (301) 809-3033  
Director: Nancy Branch, LPC, CRC  
E-mail: [nbranch@cityofbowie.org](mailto:nbranch@cityofbowie.org)  
Website: [www.cityofbowie.org](http://www.cityofbowie.org)

#### COLLEGE PARK YOUTH AND FAMILY SERVICES

4912 Nantucket Road  
College Park, Maryland 20740  
Phone: (240) 487-3550  
Director: Peggy Higgins, LCSW-C, MGA  
E-Mail: [phiggins@collegeparkmd.gov](mailto:phiggins@collegeparkmd.gov)  
Website: [www.collegeparkmd.gov](http://www.collegeparkmd.gov)

#### DISTRICT HEIGHTS FAMILY & YOUTH SERVICES

2000 Marbury Drive  
District Heights, MD 20747  
Phone: (301) 336-7600  
Director: Priscilla Souto, LPC  
E-Mail: [soutop@districtheights.org](mailto:soutop@districtheights.org)  
Website: [www.ci.greenbelt.md.us](http://www.ci.greenbelt.md.us)

#### GREENBELT CARES YOUTH & FAMILY SERVICES

25 Crescent Road  
Greenbelt, Maryland 20770  
Phone: (301) 345-6660  
Director: Elizabeth Park, PhD, LCMFT  
E-mail: [lpark@ci.greenbelt.md.us](mailto:lpark@ci.greenbelt.md.us)  
Website: [www.ci.greenbelt.md.us](http://www.ci.greenbelt.md.us)

PRINCE GEORGE'S COUNTY YOUTH SERVICES BUREAUS advocate and promote its goals of services to youth regardless of race, gender, religion, national origin, and/or physical disability. Bowie, College Park, District Heights and Greenbelt Youth Services Bureaus are funded by a partnership with the individual municipal governments and the State of Maryland through Prince George's County Department of Family Services. Laurel-Beltsville Youth Services Bureau is funded by a partnership with the Prince George's County Health Department and the State of Maryland through Prince George's County Department of Family Services.

#### LAUREL-BELTSVILLE –

OASIS YOUTH SERVICES BUREAU  
13900 Laurel Lakes Ave., Suite 225  
Laurel, Maryland 20707  
Phone: (301) 498-4500  
Director: Lorraine Woods, M.Ed., LPC  
E-mail: [OasisYSB@aol.com](mailto:OasisYSB@aol.com)



*"The Youth Center was a Godsend. I am blessed to have benefited by such a program. May you continue to provide these programs to our citizens."*

-Father of a 16 year old girl

#### How To Enter Our Programs

For more information or to set up an appointment, please call one of the programs.

Youth & families may also be referred by:

Schools

Other Family Members/Friends

Community Members

Department of Social Services

Department of Juvenile Services

Insurance Companies

Court/Law Enforcement

## CLS SUTTLAND LAW CLINIC

Our Suitland Clinic operates by appointment only. Legal matters handled include: family law, domestic violence, guardianship of disabled adults, wills, power of attorney, name change, bankruptcy, small claims, and expungement. To make an appointment please call our main office at **240-391-6390** ext. 13

## CLS

### MISSION STATEMENT

*To educate, represent and empower low-income members of the Prince George's County Community regarding civil legal matters*

### CLS FORECLOSURE PREVENTION PROJECT

**240 391 6413**  
Monday - Friday  
9:00 a.m. to 12:00 noon

Our Foreclosure Prevention Project seeks to assist homeowners at risk of losing their homes due to foreclosure with an opportunity to retain their home. Volunteer lawyers will help eligible homeowners with loss mitigation, including negotiations of repayment, forbearance, and/or loan modification plans.

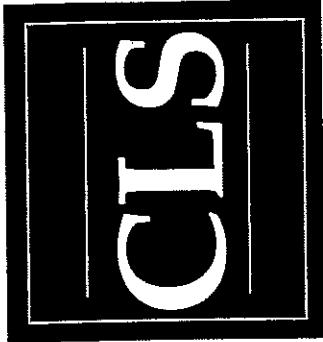


Photo by Vanessa Segars, Taproot Foundation

*One of our happy homeowners!!*

Community Legal Services  
of Prince George's County, Inc.  
P.O. Box 374  
Riverdale, MD 20738  
[www.clspgc.org](http://www.clspgc.org)

15



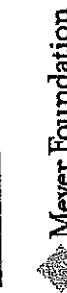
**COMMUNITY LEGAL SERVICES**  
Intake Line  
Tuesday, Thursday or Friday  
9:30 a.m. to 12:00 noon  
**240-391-6370**  
**240-391-6395**

**Foreclosure Prevention Project**  
Intake Line  
Monday - Friday  
9:00 a.m. to 12:00 noon  
**240-391-6413**

**Suitland Clinic**  
To make an appointment call  
**240-391-6370 ext. 13**

Fax:  
**240-391-6356**

<http://www.clspgc.org>  
**OUR SERVICES**



Administrative  
Office of The  
Courts



<http://www.clspgc.org>

**1985-2012**

## Community Legal Services Of Prince George's County (CLS)

### CLS Lawyer Referral Service

240-391-6370 ext 6395  
MD Relay 800-735-2258 (TTY)  
Tuesday, Thursday or Friday  
9:30 a.m. to 12:00 noon

CLS is a non-profit organization established to provide quality civil legal services to low-income persons in Prince George's County.

CLS provides assistance in matters involving: divorce, custody, child support, visitation, domestic violence, guardianship, foreclosure prevention, wills, landlord/tenant, unpaid wages, tort defense, bankruptcy, and other non-fee generating legal matters.



Photo by Vanessa Segars, Taproot Foundation

### We have 4 Law Clinics in the County:

### CLS Family Law Clinic for The Self Represented

Courthouse, Upper Marlboro  
14735 Main Street  
Room 2435M

20 minute time slots available per client!  
First-come, first-served!

Sign-in begins at 9:00 a.m.

With the help of volunteer lawyers in private practice, we provide legal education, advice and free or reduced-fee legal representation to low-income persons in Prince George's County. We have several programs and law clinics to fit a wide range of needs:

- CLS Lawyer Referral Program
- CLS Family Law Clinic (Courthouse)
- CLS Family Law Clinic (Langley Park)
- CLS Workers' Rights Clinic (Langley Pk.)
- CLS Suihland Law Clinic

### How We Operate

Monday – Thursday  
We assist the first 18 persons who sign in.  
Friday: 9:00 a.m. - 12:00 noon Only!  
We assist the first 9 persons who sign in.

We operate on a first, come-first-served basis!  
Monday, Wednesday, Friday  
Doors open at 9:00 am  
We assist the first 14 people

Thursday, doors open at 7:15 a.m.  
We assist the first 14 people

CLS provides brief legal advice in employment law matters and assistance in collecting unpaid wages. Staff members speak Spanish and English.

### CLS Latino Community Family Law Clinic

8011 New Hampshire Ave  
Langley Park, MD 20783

We operate on a first, come-first-served basis!  
Monday, Wednesday, Friday  
Doors open at 9:00 am

We assist the first 14 people  
We provide brief advice to persons who are not represented by a lawyer. Staff members speak Spanish and English. Income eligible clients, including domestic violence victims, may be referred to a lawyer through this program.



Photo by Vanessa Segars, Taproot Foundation

### CLS Workers' Rights Legal Clinic

8011 New Hampshire Ave  
Langley Park, MD 20783

We operate on a first, come-first-served basis!  
Tuesday, doors open at 8:15 a.m.  
We assist the first 10 people

Thursday, doors open at 7:15 a.m.  
We assist the first 14 people

CLS provides brief legal advice in employment law matters and assistance in collecting unpaid wages. Staff members speak Spanish and English.

## Housing & Homeless Services

The Prince George's County Department of Social Services provides information, assistance and referrals to County residents who are facing homelessness or an eviction. If you need information about Section 8 and other County housing options, please call the Department of Housing & Community Development at **301-883-5501** or go to [Housing & Community Development](#).

**If you are facing eviction or foreclosure, you can call the Department of Social Services Homelessness Prevention Program at (301) 909-6362. This program provides:**

- Screening of applicants to determine eligibility
- Interviewing and assessment
- Counseling, Information and referral
- Landlord and tenant mediation
- Follow-up and linkages to other available resources
- On-going community outreach and training through the Community Outreach Program (COP).

You may be eligible to receive financial help to pay your rent or mortgage if you are faced with a crisis that may result in an eviction, foreclosure or homelessness. You can also get help by calling the following organizations:



- Catholic Charities in Forestville (301) 568-9529
- Community Ministries, Seat Pleasant (301) 499-2319
- Laurel Advocacy & Referral in Laurel (301) 776-0442
- United Communities Against Poverty (UCAP) in Capitol Heights at (301) 322-5700.

**Below you will find the answers to some commonly asked questions about Homeless Services.**

- [Apply for Eviction or Foreclosure Assistance](#)
- [Preliminary screening questions](#)
- [Documents required](#)
- [Eligibility](#)

### **How do I apply for Eviction or Foreclosure Assistance?**

When you call the numbers listed above, a staff member will advise you about the program and what information we need. He/she will also do a preliminary screening to see if you may be eligible to apply for financial assistance.

### **There are some questions you'll need to answer:**

- Are you a Prince George's County resident?
- Why are you facing eviction or foreclosure?
- Do you hold the lease on the apartment or deed on the house?
- What is the total income of your household?
- What are your monthly expenses?
- Do you have sufficient income to cover monthly expenses after we help you?
- Was the crisis due to circumstances beyond your control?

- Are you willing to participate in counseling or other relevant activities that will prevent this crisis from happening again?

If you meet the preliminary eligibility criteria, an interview will be scheduled, and you will be informed about what type of information you'll need to supply to help us determine your eligibility.

**The information you supply will be kept confidential.**

You'll be asked for documents such as:

- Wage/pay stubs
- Property records or deeds
- Your current lease
- Delinquent rent or mortgage bill
- Birth certificates and social security numbers for you and members of your family
- The name and address of the landlord or mortgage company

Other documentation which may support your claim for assistance

**Who is eligible to apply?**

Prince George's County residents:

- In danger of eviction
- Homeowners facing foreclosure
- Homeless persons who need security deposits or first month's rent to move into permanent housing.

**Interpretation Services are available for Non-English Speaking customers. Please contact one of the Local Offices for assistance.**

**Updated June 2012**

## HOUSING COUNSELING SERVICES

### **HomeFree-USA**

- 3401A East West Highway  
Hyattsville, MD 20782  
301-891-8400  
[www.homefreeusa.org](http://www.homefreeusa.org)
- **Services Provided:**
  1. Financial Management/ Budget Counseling
  2. Financial, Budgeting, and Credit Repair Workshops
  3. Mortgage Delinquency and Default Resolution Counseling
  4. Pre-Purchase Counseling and Homebuyer Education Workshops
  5. Resolving/Preventing Mortgage Delinquency Workshops
- **Languages:** English, Spanish

### **Housing Initiative Partnership, Inc.**

- 6525 Belcrest Road  
Suite 555  
Hyattsville, MD 20782  
301- 699-3835  
[www.hiphomes.org](http://www.hiphomes.org)
- **Services Provided:**
  1. Mortgage Delinquency and Default Resolution Counseling
  2. Pre-purchase Counseling
  3. Pre-purchase Homebuyer Education Workshops
  4. Rental Housing Counseling
- **Languages:** English, Spanish, Portuguese

### **Sowing Empowerment and Economic Development (SEED)**

- 6201 Riverdale Road, Suite 200  
Riverdale, MD 20737  
301-458-9808
- **Services Provided:**
  1. Fair Housing Pre-Purchase Education Workshops
  2. Financial Management/ Budget Counseling
  3. Mortgage Delinquency and Default Resolution Counseling
  4. Pre-Purchase Counseling
- **Languages:** English, Spanish

Updated June 2012

## **Emergency Assistance**

Everyone experiences an emergency at one time or another. The Prince George's County Department of Social Services is here to help. The program assists **customers with dependent children under the age of 21** who face an immediate crisis and need help to resolve the situation. Emergency Assistance may cover but is not limited to, eviction notices, mortgage foreclosures, gas and electric turn-off notices and delinquent water bills.

You may be eligible for assistance if you meet these criteria:

- You are a Prince George's County resident
- You have a minor child or are pregnant (0-21 years of age) who has been living in the home for at least 6 months prior to the emergency
- You are related to the child by blood or marriage
- People living in the household are US citizens or lawful permanent citizens
- You are actively engaged in job search or employed
- You have not received emergency assistance in the past 12 months
- The emergency was not caused by your refusal to accept employment
- You did not voluntarily leave your employment without good cause.

You will need to provide the following information and documentation:

- Proof of County residency
- Valid identification
- Birth certificates and valid Social Security number for all members of your household
- A record of monthly expenses and bills paid for at least 30 days
- Proof of total household income: wage stubs for past 30 days, recent benefit letters from the Social Security Administration,
- Veterans Assistance Benefits, or the Unemployment Insurance Program
- Current checking or savings account statement and current balance
- Other pertinent information that may be required to process your application.

To find out if you qualify for this program visit one of the local office nearest you.

Updated June 2012

## Food Banks and Food Pantry Locations

<p><b>Name: Mobile Food Pantry</b>          Phone: 301-386-2278          Address: 2411 Pinebrook Avenue – Landover, MD 20785          Hours: 9 am – Until          August 2<sup>nd</sup> and 16<sup>th</sup>; September 6<sup>th</sup> and 20<sup>th</sup>          October 4<sup>th</sup> and 18<sup>th</sup>; November 1<sup>st</sup> and 15<sup>th</sup>          December 6<sup>th</sup> and 20<sup>th</sup></p>	<p><b>Name: Salvation Army of Prince George's County</b>          Phone: 201-277-6103          Address: 4825 Edmonston Road – Hyattsville, MD 20781          Hours: Monday-Friday, 9am-11:30am and 1pm-3:30pm – Call for appointment          Requirements: County residents only</p>
<p><b>Name: Help by Phone (College Park)</b>          Phone: 301-699-9009 or 301-935-4989          Address: 3515 College Park Drive – College Park, MD 20740          Hours: Monday-Friday, 9am-5pm          Requirements: Residents of Prince George's County only</p>	<p><b>Name: Help-By-Phone (Landover)</b>          Phone: 301-699-9009 (Lois Jones)          Address: 6421 Old Landover Road, Landover, MD 20785          Hours: By Appointment, Monday-Thursday 9am-5pm; Friday 9am -12noon</p>
<p><b>Name: PG County Social Services Free Food Progr.</b>  <b>October 17th</b> - Temples Hills Iverson Mall - 3737 Branch Ave Hillcrest Heights Md. 20748 - 4 -6pm  <b>October 18th</b> - Brandywine Gwynn Park High School Dyson Rd Parking Lot - 13800 Brandywine Rd Brandywine MD 20613 - 4-7pm  <b>November 21st</b> - Temple Hills Iverson Mall  <b>November 22nd</b> - Brandywine Gwynn Park High School  <b>December 19th</b> - Largo The Blvd at the Capital Centre Rear Parking Lot 861 Capital Center Blvd Largo Md. 20774 - 4-6 pm  <b>December 20th</b> - Brandywine Gwynn Park High School</p>	<p><b>Name: Prince George's County DSS Family Transitional Housing</b>          Phone: Darlene Harris 301-220-4338          Address: 9202 Springhill Lane, Greenbelt, MD 20770          Hours: 7 days, 24 hours</p>
<p><b>Name: Metropolitan Seventh Day Adventist Food Pantry</b>          Phone: 301-853-2224 (Ms. Myrtle Nora)          Address: 6307 Riggs Road Hyattsville, MD 20783          Hours: Every other Wednesday 3pm-6pm (please call)</p>	<p><b>Name: RCCG Restoration Center (Greenbelt)</b>          Phone: 301-254-0007 (Ms. Kolawole)          Address: 111 Centerway Greenbelt, MD 20770          Hours: By Appointment, Sunday 10am-3pm &amp; Tuesday &amp; Thursday 10am-6pm</p>
<p><b>Name: Fountain of Life Food Pantry</b>          Phone: 301-755-3392 (Ms. Odukoya)          Address: 9470 Annapolis Road Suite #412 Lanham, MD 20706          Hours: Monday-Friday 9am-5pm (please call)</p>	<p><b>Name: Ager Road Methodist Church</b>          Phone: 301-422-2132 (Rebecca Armstrong)          Address: 6301 Ager Road, Hyattsville, MD 20782          Hours: By Appointment, Thursday 9:30 am-11:15 am</p>

<p><b>Name: Associated Catholic Charities – Holy Redeemer Church</b>  <b>Phone:</b> 301-474-3920 or 301-927-5836  <b>Address:</b> 4902 Berwyn Road – College Park, MD 20740  <b>Hours:</b> Call for hours  <b>Services:</b> Food 3x a year to parishioners or referrals</p>	<p><b>Name: Community Services</b>  <b>Phone:</b> 301-577-6342 (Ardene Spence)  <b>Address:</b> 8900 Good Luck Road – Seabrook, MD 20706  <b>Hours:</b> Monday-Thursday, 9am-5pm  <b>Requirements:</b> Community Resident</p>
<p><b>Name: Seat Pleasant Community Center</b>  <b>Address:</b> 6195 Central Avenue – Across from Safeway  <b>Hours:</b> Every 1<sup>st</sup> and 3<sup>rd</sup> Friday: 1 -3 pm  Every 2<sup>nd</sup> and 4<sup>th</sup> Friday: 8 am – 12 noon</p>	<p><b>Name: Charles Carroll Middle School</b>  <b>Address:</b> 6130 Lamont Drive – New Carrollton, MD  August 25<sup>th</sup>, September 22<sup>nd</sup>, October 27<sup>th</sup>, November 17<sup>th</sup>, December 22<sup>nd</sup>  <b>Hours:</b> 9 am – Until</p>
<p><b>Name: RCCG Restoration Center (Greenbelt)</b>  <b>Phone:</b> 301-254-0007  <b>Address:</b> 111 Centerway – Greenbelt, MD 20770  <b>Hours:</b> By Appointment, Sunday 10am-3pm;  Tuesday and Thursday 10am-6pm</p>	<p><b>Name: Pregnancy Aid Center, Inc</b>  <b>Phone:</b> 301-345-9325  <b>Address:</b> 4809 Greenbelt Road – College Park, MD 20740  <b>Hours:</b> Walk-ins, Tuesday 12pm-3pm</p>

Updated July 2012

## Department of Social Services Office Locations

<p><b>Centre Pointe (PS Business Parks)</b></p> <p><b>Child, Adult &amp; Family Services</b>            Location: 925 Brightseat Rd., Landover, MD 20785            Mailing Address: 805 Brightseat Rd., Landover, MD 20785            Tel: (301) 909-2000            Fax: (301) 909-2200            Hours of Operation: 8:00 a.m. to 5:00 p.m.            Monday - Friday</p>	<p><b>Landover (LA)</b></p> <p><b>Community Services</b>            Location: 425 Brightseat Rd., Landover, MD 20785            Mailing Address: 805 Brightseat Rd., Landover, MD 20785            Tel: (301) 909-6330            Fax: (301) 909-6331            Hours of Operation: 8:00 a.m. to 5:00 p.m.            Monday - Friday</p>
<p><b>Landover (LA)</b></p> <p><b>Family Investment</b>            Location: 425 Brightseat Rd., Landover, MD 20785            Mailing Address: 805 Brightseat Rd., Landover, MD 20785            Tel: (301) 909-6000            fax: (301) 909-6067            Hours of Operation: 8:00 a.m. to 5:00 p.m.            Monday - Friday</p>	<p><b>Hyattsville (HY)</b></p> <p><b>Family Investment</b>            Location: 6505 Belcrest, Rd., Hyattsville, MD 20782            Mailing Address: 805 Brightseat Rd., Landover, MD 20785            Tel: (301) 209-5000            Fax: (301) 209-5216</p>
<p><b>South County Multi-Service Center (SC)</b></p> <p><b>Family Investment</b>            Location: 4235 28th Avenue, Temple Hills, MD 20748            Mailing Address: 805 Brightseat Rd., Landover, MD 20785            Tel: (301) 316-7700            fax: (301) 316-7701            Hours of Operation: 8:00 a.m. to 5:00 p.m.            Monday - Friday</p>	

Updated June 2012

## Health Care Resources (Low Cost / No Cost)

- **Prince George's County Health Department**
  - Immunizations – 301-883-7230 (FREE)
  - Dental – 301-583-7752
- **MCHP 1-888-561-4049** - Insurance coverage for children and pregnant women
  - For those children who do not qualify for MCHP call **301-883-7858** (Yvette) for the **Kaiser Permanente-Bridge/ PGCHD** program ([illopez@co.pg.md.us](mailto:illopez@co.pg.md.us)). For adults who do not qualify for any insurance call 301-816-6477 or go to [kpbridge.org](http://kpbridge.org).
- **Governor's Wellmobile** – (for well checkups, immunizations, etc) must schedule appointments
  - Located at Deerfield Run on 1<sup>st</sup> and 3<sup>rd</sup> Mondays, Spring Hill Lake 2<sup>nd</sup> and 4<sup>th</sup> Mondays, Cool Springs every Tuesday, Bladensburg Elementary 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays.
  - Call 1-866-228-9668 and leave a message. They will return your call.
- **Mary's Center** – 240-485-3160 – 8709 Flower Ave Silver Spring, MD 20901
  - Fees based on a sliding scale
  - Note: long wait for appointments but many services are available
- **Spanish Catholic Center Medical Clinic** – Silver Spring, MD
  - Call 301- 434-3999
  - You must register to become a patient
  - Registration days: Mondays and Tuesdays from 1 pm to 3 pm.
  - You must bring proof of residence and proof of income.
  - Services are only for children.
- **Community Clinic (Langley Park)** – 301-431-2972
- **Community Clinic (Silver Spring)** – 301-585-6184
  - 8210 Colonial Lane, Silver Spring, MD 20910
- **Fort Lincoln Medical Center** – 301-699-7700 (fees based on a sliding scale)
- **La Clínica Del Pueblo** – 202-462-4788 – 15<sup>th</sup> St. Washington, DC (fees based on a sliding scale)

## Vision Services

- **Sights for Students** – NASN – See school nurse for requirements
- **The Shepherd's Table** – 301-585-6463 – 8210A Colonial Lane, Silver Spring, MD
  - Eye clinic for the homeless and the needy
  - Possibly provide assistance with applying for a voucher from "New Eyes for the Needy"
- **America's Best** - \$69.95 for eye exam and two pairs of glasses
- Watch for coupons and sales from local stores.

## Dental Services

- **Prince George's County Health Department Pediatric Dental Health** – 301-583-5900
  - Services for Prince George's County children only
  - Fees based on a sliding scale
- **Small Smiles** – 301-434-5437 (accepts some forms of medical assistance)
- **Howard University Dental Clinic** – 202-806-0007 (reduced cost for all services)
- **University of Maryland Dental Clinic** – 1-410-706-4213
- **Children's National Medical Center** – 202-476-2160 (call for an appointment)

Updated June 2012

### **RECURSOS PARA SERVICIOS DE SALUD (Bajo costo o gratis)**

- ❖ **Departamento de Salud del Condado de Prince George**  
IMMUNIZACIONES – 301-883-7230 (GRATIS)  
DENTISTA – 301-583-7752
- ❖ **MCHP 1-888-561-4049** – Seguros de salud para menores y mujeres embarazadas. Para niños que no califican para el MCHP llame a **Ivette Lopez** al **301-883-7858** para el **Programa Kaiser Permanente-Bridge/PGCHD** (o [ilopez@co.pg.md.us](mailto:ilopez@co.pg.md.us)). Para adultos que no califican por seguros médicos, llame al 301-816-6477 o visite [kpbridge.org](http://kpbridge.org).
- ❖ **Governor's Wellmobile** – (para chequeos de rutina, inmunizaciones, etc.) Se requiere cita
  - En la Escuela Deerfield Run: el 1er. y 3er lunes de cada mes; en la escuela Spring Hill Lake: el 2do y 4to. Lunes; en la Escuela Cool Springs: cada martes; y en la Escuela primaria Bladensburg: el 1er. y 3r miércoles de cada mes.
  - Llame al 1-866-228-9668 y deje un mensaje. Alguien le devolverá la llamada.
- ❖ **Mary's Center** – 240-485-3160 8709 Flower Avenue, Silver Spring MD 20901 (costo relacionado al salario) (NOTA: larga espera en el teléfono para hacer la cita, pero los servicios están disponibles)
- ❖ **Centro Católico Hispano - Clínica Medica – Silver Spring**, Maryland, 301-434-3999 Debe registrarse como paciente. Días de Registro: lunes y martes de 1 a3, debe traer verificación de domicilio y salario; servicios para menores únicamente.
- ❖ **Clínica de la Comunidad - Langley Park**: 301-431-2972, 7676 New Hampshire Avenue
- ❖ **Clinica de la Comunidad - Silver Spring**: 301-585-6184, 8210 Colonial Lane, 20910
- ❖ **Fort Lincoln Medical Center** – 301-699-7700 (costo relacionado al salario)
- ❖ **La Clínica Del Pueblo** – 202-462-4788 2831 15<sup>th</sup> St, NW Washington, DC (costo variable)

### **EXAMENES DE LA VISTA (Servicios Opticos):**

- ❖ **Sight for Students** – NASN- diríjase a la enfermera de la escuela por requisitos
- ❖ **The Shephard's Table** – 301-585-6463 8210-A Colonial Lane Silver Spring, MD 20910
  - Clinica de la Vision para personas sin hogar y necesitadas.
  - Pregunte por "New Eyes for the Needy" para solicitar un voucher
- ❖ **America's Best** - \$69.95 por un examen más 2 pares de anteojos
- ❖ Recorte cupones para liquidaciones en negocios locales

### **Servicios Dentales:**

- ❖ **Centro Pediátrico Dental del Departamento de Salud del Condado del Condado de Prince George** – 301-583-5900:
  - ◆ Servicios para niños residentes del Condado solamente
  - ◆ Costo basado en el salario de los padres
- ❖ **Small Smiles** – 301-434-5437 (aceptan algunas formas de asistencia médica)
- ❖ **Clínica Dental de la Universidad Howard** – 202-806-0007
- ❖ **Clínica Dental de la Universidad de Maryland** – 1-410-706-4213/14
- ❖ **Clínica Dental del Hospital de Niños** – 202-476-2160, llame para una cita

Updated July 2012



## Addictions and Mental Health

- Substance abuse and mental health treatment services for women, including pregnant women, and women with children....301-324-2872
- Drug/alcohol evaluations/treatment for adolescents.....301-883-3514
- Drug/alcohol abuse/mental health treatment for adults....301-856-9400
- Outpatient drug/alcohol abuse treatment; evaluation, urinalysis testing, methadone maintenance/counseling.....301-583-5920
- Prevention information and educational programs.....301-883-3508
- Tobacco use cessation; prevention programs.....301-883-3514
- Drug Court.....301-952-0793

## Adolescents (see Teens)

### Adults

- In-home evaluations for elderly and chronically ill persons, evaluations of persons with mental illness or developmental disabilities prior to nursing home admission.....301-324-2980

## AIDS (see HIV/AIDS)

## Air Quality/Pollution (see Environmental Health)

## Alcoholism (see Addictions and Mental Health)

## Animal Bites (see Communicable Diseases)

## Anthrax (see Communicable Diseases)

## Birth Certificate Certified Copies.....301-324-2940

## Birth Control (see Family Planning)

## Breast Cancer (see Cancer/Screening and Treatment)

## Burning (Permits) (see Environmental Health)

## Cancer Education (see Health Education)

## Cancer Screening and Treatment

- Breast and cervical cancer screening, mammography, Pap tests and diagnostic services for women 40 and over who meet financial criteria.....301-883-3525
- Colorectal cancer prevention/education/screening for adults age 50 and over who meet financial and other criteria... 301-883-3524

## Cervical Cancer (see Cancer Screening and Treatment)

## Chlamydia (see Sexually Transmitted Diseases)

## Colorectal Cancer (see Cancer Screening and Treatment)

## Communicable Diseases

- Animal bite/exposure investigation/follow-up.....301-583-3750
- Influenza (Flu) and pneumococcal vaccination clinics...301-583-3750
- Investigation/follow-up on all communicable diseases including hepatitis A and B, salmonellosis and other food/water-borne illnesses, meningitis, vaccine-preventable diseases, anthrax and other unusual disease outbreaks/occurrences .....301-583-3750
- Lyme Disease information .....301-583-3750
- Rabies pre-exposure immunizations for persons at-risk for exposure to rabies and post-exposure treatment.....301-583-3750
- Rabies vaccination clinics for cats, dogs, and ferrets....301-583-3750
- Communicable diseases reporting procedures and a complete list of reportable communicable diseases.....301-583-3750
- Vector-borne disease information.....301-583-3750
- West Nile Virus (WNV) information.....301-583-3750

## Contraception (see Family Planning)

## Death Certificate Certified Copies.....301-324-2940

## Dental Care

- General dental services for children enrolled in the Maryland Healthy Smiles Program (Medicaid), uninsured children ages 0-18, and maternity patients who have Medicaid and those referred from the Health Department's Maternal Health and Family Planning Program; comprehensive care includes an emphasis on prevention/early intervention; referrals to appropriate specialty care along with case management to assist families with finding a dental home.....301-583-5900

## Developmental Delays/Disabilities in Children

- Early intervention services/service coordination for families and their children age birth to 3 years at risk for/diagnosed with developmental delays and/or disabilities.....301-265-8415

## Drug Abuse (see Addictions and Mental Health)

## Emergency Preparedness and Response (see Environmental Health)

## Environmental Health

- Emergency planning and training of the public, communities and Health Department staff in emergency preparedness and response related to terrorism, biological events and extreme weather situations .....301-883-7838
- Food service facility permits/inspections, including institutional kitchen/vending areas, public school kitchens; complaints related to food service facilities or illegal operations.....301-883-7690
- Food handler training for non-profit, charitable organizations and temporary event operations.....301-883-7650
- Residential environmental lead assessments with confirmed elevated blood lead levels in children .....301-883-7606
- Inspections of public swimming pools and spas.....301-883-7681
- Plan reviews for construction/modification/remodeling/additions to licensed food facilities, pools and spas, and new well and septic system installations.....301-883-7630
- Facility permit processing and issuance of Certified Food Service Manager and Pool Operator ID cards; licensing of percolation and septic contractors.....301-883-7630
- Replacement well and remodeled/upgraded septic system permits and inspections, percolation (PERC) tests, scavenger truck licensing/inspection, water quality issues, sewage sludge, air quality, open burning permits, demolition site (raze) inspections, solid/hazardous waste, special medical waste, public smoking restrictions and underage tanning; related complaints.....301-883-7681
- MD Public Info Act (MPIA) Requests, other EH issues.301-883-7605
- Medical Reserve Corps (MRC) volunteer recruitment and training....301-883-7802

## Family Planning

- Contraceptive counseling and devices; emergency contraception; pregnancy options information; Pap tests; abnormal Pap follow-up .....301-583-3340 | 301-856-9520

## Flu Vaccine (see Communicable Diseases)

## Food-Borne Diseases (see Communicable Diseases)

## Food Service Facilities (see Environmental Health)

## Gonorrhea (see Sexually Transmitted Diseases)

## Handicapped (see Developmental Delays/Disabilities in Children)

## Hazardous/Medical/Solid Waste (see Environmental Health)

## Health Insurance

- Information on health insurance for children, pregnant women, families and children who meet income criteria; pregnancy testing, psychosocial assessments, referrals, and WIC certification.....Healthline (Toll-free)1-888-561-4049
- Information on, screening and application for low-income adults and children through the Kaiser Bridge and Kaiser Care for Kids health insurance programs.....Adults 301-856-9460 / Children 301-883-7858

## Hepatitis (see Communicable and Sexually Transmitted Diseases)

## Herpes (see Sexually Transmitted Diseases)

## HIV/AIDS

- HIV/AIDS counseling and testing.....301-583-3700
- HIV/AIDS treatment including medical/specialty care; nutrition counseling, medication assistance, dental care, case management, mental health/substance abuse counseling, transportation, support groups, emergency financial assistance; prevention education and outreach.....301-583-3700

**Immunizations (also see Communicable Diseases)**

- Free immunizations for children ages 1 month to 20 years .....301-583-3300
- Immunization outreach to private providers to ensure that children they see are fully immunized .....301-583-3386

**Infant Mortality Prevention**

- Home visits for pregnant women and children under age 2 at risk for poor birth outcomes or chronic/disabling conditions due to biological, psychological, behavioral factors; counseling, parent education, referrals .....301-883-7230
- Hospital and home visiting services, interagency coordination of services for pregnant and parenting mothers, and infants up to age 1 with significant health risks; nursing visits and teaching; focus on female substance abusers, HIV-positive women and infants, premature infants .....301-618-2464
- Review of fetal/infant death records by a professional panel to identify possible underlying causes of death .....301-583-3380

**Influenza (Flu) Vaccine (see Communicable Diseases)****Injury Prevention**

- Educational programs for teens and their families addressing the prevention of injuries due to underage drinking and distracted driving .....301-883-3514

**Lead Poisoning Prevention**

- Coordination of care for children with elevated blood lead levels resulting from exposure to lead paint or other lead products; education and consultation about lead poisoning prevention to medical providers, teachers and day care operators .....301-883-7230

**Lead Testing (see Environmental Health)****Mammograms (see Cancer Screening and Treatment)****Maryland Medical Assistance (also see Health Insurance)**

- Health insurance for families, children and pregnant women .....1-888-561-4049

**Maternal Health**

- Pregnancy testing; pre-natal and post-natal care; hospital delivery arrangements; contraceptive services; Pap tests/abnormal Pap follow-up .....1-888-561-4049
- Preconception/interconception care for women of childbearing age including health screenings, treatment of select chronic conditions, nutrition counseling and other services to ensure health and well-being during reproductive years .....301-583-3313

**Medical Assistance Services (also see Health Insurance)**

- Follow-up of children ages 2-20 years and adults who are on Medical Assistance and who are non-compliant with medical care (missing medical appointments, not following medical instructions, etc.); home visits and calls by community health nurses .....301-856-9449
- Personal care for frail persons on Medical Assistance who have a chronic disease, or who are developmentally disabled and need assistance with activities of daily living; assessment of patients' needs and monitoring of care by a provider in the home .....301-883-3527
- Transportation for persons on Medical Assistance to a physician's office, hospital or clinic for a medical appointment .....301-856-9555
- Ombudsman available to assist Medical Assistance patients to resolve problems with their MCO .....301-856-9449

**Medical Records**

- Release of patient medical records patient's consent .....301-324-2940

**Medical Reserve Corps (MRC) (see Environmental Health)****Men's Health (also see Teens/Male and Addictions and Mental Health)**

- Assistance for ex-offenders in transitioning back to the community; counseling; child support advocacy; legal assistance; anger management; crisis intervention; job preparation .....301-817-1900

**Mental Health (see Addictions and Mental Health)****Mental Retardation (see Developmental Delays/Disabilities in Children)****Nutrition (see WIC)****Outbreaks (also see Communicable Diseases)**

- To report communicable disease outbreaks .....301-583-3750

**Pap Tests (see Maternal Health and Cancer Screening and Treatment)****Parenting (see Teens/Male)****Partner Notification (see Sexually Transmitted Diseases)****Percolation (PERC) Testing (see Environmental Health)****Pools and Spas (see Environmental Health)****Pregnancy Testing (see Maternal Health)****Pre- and Post-Natal Care (see Maternal Health)****Rabies Post-Exposure Treatment (see Communicable Diseases)****Refugee Services (see Tuberculosis)****Reportable Diseases (see Communicable Diseases)****Ryan White Program**

- Manages contracts with community vendors that provide medical and support services for persons affected by HIV/AIDS .....301-883-7848

**SARS**

- Severe Acute Respiratory Syndrome (See Communicable Diseases)

**Senior Citizens (see Adults and Medical Assistance)****Septic Systems and Wells (see Environmental Health)****Sexually Transmitted Diseases (STDs)**

- Go to website: [www.beSTDfree.com](http://www.beSTDfree.com)
- Clinical examinations, diagnosis, treatment, for gonorrhea, syphilis, chlamydia, herpes, genital warts and other STDs .....301-583-3150
- Hepatitis A and B immunization series offered free to STD clients .....301-583-3150
- HIV/AIDS counseling and testing .....301-583-3150
- Partner services to identify individuals possibly exposed to or infected with STDs/HIV and encourage treatment .....301-583-3150
- Education for community groups/at-risk individuals .....301-583-3150

**Smoking (Cessation) (see Addictions and Mental Health)****Smoking (in Public Places) (see Environmental Health)****Sport Physicals (see Teens/Male)****Substance Abuse (see Addictions and Mental Health)****Syphilis (see Sexually Transmitted Diseases)****Tanning Salons (see Environmental Health)****Teens**

- Comprehensive health and social services through the School Based Wellness Centers to students attending Bladensburg, Fairmont Heights, Northwestern and Oxon Hill high schools .....301-883-7887
- **Female:** Comprehensive reproductive health services through the Healthy Teens Center to young women ages 10 to 24; health education, counseling, pregnancy testing, STD prevention and treatment .....301-324-5141
- **Male:** Comprehensive health services to male adolescents and young fathers through Adam's House, a health center for young men; male family planning, healthy manhood and relationship counseling, parenting groups, child support counseling, career development, sports physicals .....301-817-1900

**Tobacco Use Cessation Programs (see Addictions and Mental Health)****Tuberculosis**

- Comprehensive TB services to persons with suspected/ known TB disease, or risk factors for TB infection or disease; services may include assessment, TB skin testing, chest X-rays, physician evaluation, lab tests, HIV/AIDS counseling/testing, TB treatment and medication, nurse case management, home visits, directly observed therapy (DOT), screening for selected at-risk groups .....301-583-3110
- TB contact investigation, surveillance, reporting, monitoring; education and outreach .....301-583-3110

**Vaccinations (see Immunizations and Communicable Diseases)****Venereal Diseases (see Sexually Transmitted Diseases)****Water-Borne Diseases (see Communicable Diseases)****West Nile Virus/WNV (see Communicable Diseases)****WIC (Women, Infants and Children) Program**

- Nutrition education/supplemental food for low-income, pregnant, breastfeeding, postpartum women and for children ages birth to 5 at nutritional risk .....301-856-9600

**Vital Records (see Birth/Death Certificates)****Volunteers (see Environmental Health/Medical Reserve Corps)****Wells and Septic Systems (see Environmental Health)**



## For Pregnant Women and Women with Children

Prince George's County

# Health Services For Women



**HEALTH  
DEPARTMENT**  
Prince George's County

### Children and Parents Program (CAP) | 301-324-2872

This program offers comprehensive addiction, mental health, rehabilitative and case management services to adult women, including pregnant women and women with children. Services include:

- Intensive outpatient counseling, active outreach, on-site supervision of client's preschool-aged children, assistance with transportation to/from program, psychosocial rehabilitation and referral to health care services and residential treatment

### Dental Health Services | 301-583-5900

General dental services are available to maternity patients who are referred from the Health Department's Maternal Health and Family Planning Program, and to children ages birth to 18 years, and other uninsured adults. Services include:

- Comprehensive dental treatment with an emphasis on prevention and early intervention
- Referrals for specialty care
- Case management services to assist Maryland Healthy Smiles Dental Program enrollees in finding a dentist and making dental appointments

### Healthy Start Program | 301-883-7230

Case management services are provided to pregnant women at risk of poor birth outcomes related to psychosocial and behavioral risk factors, and at-risk children up to age 2 years. Telephone and home visiting services include:

- Counseling, parenting information and referrals to other health services

### Medical Assistance (MA) for Families and the Maryland Children's Health Program (MCHP) | 1-888-561-4049

Medical Assistance for Families (Medicaid) provides free health insurance for families with very low incomes. The Maryland Children's Health Program (MCHP) provides free health insurance to pregnant women, and children up to the age of 19 in low-to-average income families.

The MCHP Premium Program provides low-cost insurance to children in families whose incomes are too high to qualify for the free program and who earn less than 300% of the federal poverty level.

Covered services include:

- In-patient hospital care
- medical doctor visits
- lab tests
- dental care
- eye care
- medicines
- immunizations

### Maternal Health and Family Planning Program | 1-888-561-4049

This program provides comprehensive risk-appropriate prenatal care and reproductive health services to uninsured and underinsured women. Services include:

- Pregnancy testing, pre- and postnatal care, hospital delivery arrangements, referral to English/Spanish childbirth classes, family planning and emergency contraception, nutrition counseling, cervical cancer screening, HIV counseling and testing, abnormal Pap test follow-up
- Counseling to women during pregnancy
- Referral services to the Maryland Children's Health Program (MCHP), WIC and the Healthy Start Programs

### Tapestry Program | 301-583-3340

The Tapestry Program offers specialty care and perinatology services to high-risk prenatal women. Maternity services are provided by a maternal fetal medicine specialist and a trained certified nurse-midwife.

**For  
At-Risk  
New  
Mothers  
and Their  
Infants**

**Care For Kids Program | 301-883-7858**

Care for Kids Program is a partnership between the Health Department and Kaiser Permanente to provide medical services to uninsured children under 19 years of age who are residents of Prince George's County and who do not qualify for any government health insurance program and cannot afford private insurance.

More information on the program and an application for services is available.

**Infant at Risk Program | 301-618-2464**

This is a hospital-based intervention service, achieved through a bedside visit with mothers and infants up to age 1 at Prince George's Hospital Center or by telephone intake. Special focus is placed on inter-agency coordination of services to high-risk mothers and infants, especially maternal substance abusers, HIV-positive women and infants, premature infants, pregnant and parenting teens. Services include: Nursing visits in the hospital and home to provide a comprehensive needs assessment, short-term intervention, teaching and referrals to appropriate community resources.

**Women, Infants and Children (WIC) Program | 301-856-9600**

WIC provides nutrition education, breast feeding education and support, and supplemental foods to low-income pregnant, breast feeding and postpartum women and children ages birth to 5 who are at nutritional risk.

**For  
Female  
Teens**

**Healthy Teens Center | 301-324-5141**

Services are offered to young women ages 10 to 24 at the Healthy Teens Center to prevent pregnancy and sexually transmitted diseases, including:

- ↳ Comprehensive reproductive health services; Education and counseling services that promote cooperative relationships, good nutrition and healthy behaviors

**Youth and Community Services Program (YCSP) | 301-883-3514**

The YCSP provides outpatient substance abuse treatment services to adolescent female County residents between ages 11 and 18. Parental involvement in the program is strongly recommended. Services include:

- ↳ Substance abuse assessments and referrals; crisis counseling; individual, family and group counseling; urinalysis and breathalyzer testing

**For  
Women  
and  
Their  
Families**

**Adult Evaluation and Review Services (AERS) | 301-324-2980**

- ↳ In-home evaluations of elderly and chronically ill persons to assist with resources that will enable clients to stay in their home or the least restrictive environment.

**Breast and Cervical Cancer Program (BCCP) | 301-883-3525**

- ↳ Breast and cervical cancer screening (including mammograms and Pap tests) and diagnosis for breast or cervical cancer for women 40 and over who meet certain financial criteria; monthly breast cancer support group.

**Cancer Prevention, Education, Screening and Treatment Program (CPEST) | 301-883-3524**

- ↳ Colorectal cancer screening for county residents over 50 who meet certain financial criteria.

**Epidemiology | STD 301-583-3150 | HIV 301-583-7752 | TB 301-583-3110 | CDC 301-583-3750**

- ↳ HIV counseling and testing, and sexually transmitted disease (STD) exams and treatment for any age (parental consent not required); HIV care for adults only (adolescents referred to Children's Hospital); Tuberculosis and other Communicable Disease Control services for any age (parental consent required)

**Healthline | 1-888-561-4049**

Healthline is a toll-free telephone information and referral service for those seeking information on programs that serve the needs of women, children and families, such as the Maryland Children's Health Program, Maryland Medicaid and HealthChoice state-sponsored insurance. Services include:

- ↳ Assistance in locating medical and social services with community prenatal, preventive and other specialty health care service providers;
- ↳ Referrals to low-cost health care clinics; Follow-up phone calls to HealthChoice enrollees to educate them about the system/assure they receive all services to which they are entitled

**Healthy Women/Healthy Lives | 301-583-3313**

This program is for women of childbearing age to ensure their health and well being during the reproductive period of life and optimum health prior to pregnancy. It benefits all women, especially those with chronic health conditions such as hypertension, diabetes or anemia which contribute to a high-risk pregnancy. The goal is to minimize complications for mother and infant and to reduce infant mortality. Services include: Family planning examination; cholesterol, diabetes and high blood pressure screenings; nutritional counseling; folic acid supplements; referral to other health services.



For  
Females

Prince George's County

## Health Services For Youth



### Healthy Start Program | 301-883-7230

Case management services are provided to at-risk pregnant and parenting adolescents.

Services include:

- Home visiting
- Counseling
- Parenting information
- Preconception health education
- Referrals to other health services
- Community outreach

### Healthy Teens Center | 301-324-5141

Services are offered to young women ages 10 to 24 at the Healthy Teens Center to prevent pregnancy and sexually transmitted diseases, including:

- Comprehensive reproductive health services including family planning, screening and treatment for sexually transmitted diseases, and emergency contraception
- Education and counseling services that promote healthy behaviors

### WIC (Women, Infants and Children) Program | 301-856-9600

WIC provides nutrition education, breastfeeding education and support, and supplemental foods to low-income pregnant breast feeding and postpartum women, and children ages birth to 5 years who are at nutritional risk.

For Males

### Adam's House Health Center/Suitland | 301-817-1900

Adam's House, a health center for young men, offers comprehensive health and social services to male adolescents and young fathers. Services include:

- Male family planning and health education
- Parenting groups
- Career development skill-building, job preparation and placement
- Relationship counseling
- Healthy manhood counseling
- Child support counseling
- G.E.D. preparation
- Sports physicals

For All  
Youth

### Adam's House Re-Entry Program/Suitland | 301-817-1900

In addition to the services offered by the Adam's House Health Center, the Adam's House Re-Entry Program offers male and female ex-offenders assistance in successfully transitioning back to the community. The goal is to help them meet the needs of their children, co-parent effectively, and develop healthy relationships in their home and community. Services include:

- Anger management
- Crisis intervention
- Domestic violence and substance abuse
- Legal assistance
- Family court services

### Dental Health Program | 301-583-5900

General dental services are provided to children ages birth to 18 years, including:

- Preventive and restorative dental services
- Referrals for appropriate specialty care
- Case management services to assist Maryland Healthy Smiles Dental Program enrollees in finding a dentist and making dental appointments.

### Epidemiology | STD 301-583-3150 | HIV 301-583-3700 | TB 301-583-3110

- STD (sexually transmitted disease) exams and HIV testing for all ages 13 and above (parental consent not required); referrals for adolescent HIV care
- Tuberculosis and Communicable Disease Control Program services for any age (parental consent required)

**Immunization Program | 301-583-3300**

- Immunizations against childhood diseases are provided free of charge through scheduled appointments to children ages 6 weeks to 20 years without health insurance.

**Medical Assistance (MA) for Families, Pregnant Women, and Children and the Maryland Children's Health Program (MCHP) | 1-888-561-4049**

Medical Assistance for Families is a health insurance program for low-income families with dependent children and pregnant women. This program gives free and low cost health care to those who cannot obtain affordable health insurance. Covered services include:

- Inpatient hospital care, medical doctor office visits, lab tests, dental care, eye care, medicines and immunizations

For a low premium, families not eligible for the free MA program noted above may apply for insurance coverage for their children up to age 19.

**Operation Safe Kids (OSK) | 301-324-4288**

This Governor's initiative, a collaborative effort of Juvenile Services and the Health Department, targets youth at risk of involvement in violence and seeks to broaden opportunities for meaningful engagement in school, vocational activity and athletics. Youth workers will provide outreach services to identified youth in their homes and in the community. Services include:

- Life skills counseling
- Anger management
- Mental health services
- Sports and recreational activities
- Family management support
- Intensive case management
- Substance abuse treatment
- Medical assessment and referrals
- School and vocational supports

**School-Based Wellness Centers (SBWC) | 301-883-7887**

Comprehensive health and social services are offered in a student-friendly, readily accessible school health center in four of the county's public high schools: Bladensburg High School, Fairmont Heights High School, Northwestern High School and Oxon Hill High School. The goal is to make students available for learning by promoting health, preventing disease, and reducing behavioral risks. The Wellness Centers provide care to youth currently enrolled in each school that minimizes the physical and emotional conditions that become barriers to optimal school performance. Student health services include:

- Physical examinations
- Mental health counseling
- Gynecological care
- Dental care
- Immunizations
- Lab testing
- Treatment of common illnesses
- On-site screening/treatment of sexually transmitted infections

**Tobacco Control Program | 301-772-1192**

The Tobacco Program works with multiple private and public organizations such as private schools, local colleges and hospitals to provide:

- Community prevention and education services on the dangers of tobacco use
- Tobacco use cessation classes
- Enforcement of laws regarding the sale of tobacco to minors and indoor air quality

**Youth and Community Services Program (YCSP) | 301-883-3514**

YCSP provides substance abuse assessment and treatment services to adolescent residents between 11 and 18 at multiple schools and clinic locations. Parental involvement in the program is strongly encouraged. Services include:

- Substance abuse assessments and referrals
- Urinalysis and breathalyzer testing
- Crisis counseling
- Individual, family and group counseling

## Prince George's County Health Department Locations

	<b><u>Adam's House at the Suitland Health and Wellness Center</u></b>	501 Silver Hill Rd. Suitland MD 20746
	<b><u>CAP Program</u></b>	501 Hampton Park Blvd. Capitol Heights MD 20743
	<b>Cheverly Health Center</b>	3003 Hospital Dr. Cheverly MD 20785
	<b>D. Leonard Dyer Regional Health Center</b>	9314 Piscataway Rd. Clinton MD 20735
	<b>Headquarters Building</b>	1701 McCormick Dr. Largo MD 20774
	<b><u>Healthy Teens Center</u></b>	7824 Central Ave. Landover MD 20785
	<b>Infant at Risk Program at Prince George's Hospital Center</b>	3001 Hospital Dr. Cheverly MD 20785
	<b>Inglewood Office Centre 2</b>	1801 McCormick Dr. Second Floor Largo MD 20774
	<b>Langley Park Youth and Family Services Center</b>	1401 E. University Blvd. Suite 201 Hyattsville MD 20783
	<b>Largo Government Center</b>	9201 Basil Court Largo MD 20774

	<b>Largo West</b>	425 Brightseat Rd. Suite 101 Landover MD 20785
	<b><u>Laurel-Beltsville OASIS Program</u></b>	13900 Laurel Lakes Ave. Suite 225 Laurel MD 20707
	<b><u>Oxon Hill High School</u></b> <b><u>Evening Community Pediatric Center</u></b>	6701 Leyte Dr. Oxon Hill MD 20783
	<b>Scuderi Building</b>	4235 28th Ave. Suite 223 Marlow Heights MD 20748
	<b>WIC (Women, Infants and Children) Program</b>	Judy Hoyer Center 8908 Riggs Rd. Adelphi, MD 20783
		Andrews Air Force Base Family Advocacy Office 1191 Menoher Dr., #116 Andrews AFB, MD 20762
		Cheverly Health Center 3003 Hospital Dr. Room 2068 Cheverly, MD 20785
		D. Leonard Dyer Regional Health Center 9314 Piscataway Rd. Lower Level Clinton, MD 20735
		7836 Central Ave. Landover MD 20785
		13900 Laurel Lakes Dr. Suite 220 Laurel, MD 20707
		6525 Belcrest Rd. Suite 660 Hyattsville MD 20782

Updated June 2012



Rushern L. Baker, III  
County Executive

# Foreclosure Prevention Information



Prince George's County  
Department of Housing and  
Community Development  
Eric C. Brown, Director



*Did You Know?  
You Are Not  
Alone*



*If you or someone you know is in danger of losing their home*

*Don't Wait... Don't Hesitate*

## Contact

*State of Maryland Hope  
Initiative Hotline*

1.877.462.7555

*Or Visit their Web site at:  
[www.mdhope.org](http://www.mdhope.org)*

HUD Certified Housing Counseling Agencies

**Homefree USA**  
301-891-8400  
[www.homefreeusa.org](http://www.homefreeusa.org)

**Housing Initiatives Partnerships, Inc.**  
301-699-5876  
[www.hiphomes.org](http://www.hiphomes.org)

**Housing Options and Planning  
Enterprise, Inc.**  
301-567-3330  
[www.hopefinancial.org](http://www.hopefinancial.org)

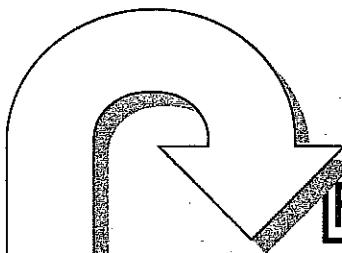
**Sowing Empowerment in Economic  
Development**  
301-458-9808  
[www.seedinc.org](http://www.seedinc.org)

**The Greater Washington  
Urban League**  
301-985-3523  
[www.gwul.org](http://www.gwul.org)

**United Communities Against Poverty**  
301-322-5700  
[www.ucappgc.org](http://www.ucappgc.org)

**Unity Economic Development  
Corporation**  
301-505-0331  
[www.unityedc.org](http://www.unityedc.org)





## Foreclosure Prevention Checklist

If you are having trouble making your mortgage payments, be proactive and take charge of the situation. Empower yourself by getting fully acquainted with your mortgage, your finances and your resources. Start with this checklist so you know what you have done and what you still need to do. By doing so, you have a much better chance of remaining a homeowner.

- ◆ Contact your servicer if you are having trouble making your mortgage payments. The servicer is the company you make your mortgage payments to. Contact information can be found on your mortgage documents and on the servicer's Web site. A reputable credit counseling agency should also be able to help you find the appropriate contact information.
- ◆ Meet with a reputable lender to determine if refinancing is a viable option for you. Call the Maryland Hope Initiative Hotline 1.877.462.7555 or another reputable certified housing counselor agency.
- ◆ Open all mail that is sent to you by your mortgage company. Avoiding the situation will only make matters worse.
- ◆ Find copies of your original mortgage documentation, proof of income and the delinquency or foreclosure notices you receive. You will need these documents for discussions with your servicer and/or credit counselors.
- ◆ If your lender has gone into bankruptcy or is going out of business, contact the company you make your payments to so that you know who will be purchasing your loan. Obtain contact information for that new servicer so you can start making payments to the new lender.
- ◆ Seek legal counsel if you think you have been a victim of predatory lending. Call your local university to inquire if there is a legal clinic that can provide you with assistance or contact your state attorney general, the American Association of Residential Mortgage Regulators ([www.aarmr.org](http://www.aarmr.org)), fair housing agency or the Federal Trade Commission ([www.ftc.gov](http://www.ftc.gov)).
- ◆ Ask your creditors whether the relief you request will impact your credit standing and credit score in a negative way. If so, ask for any alternative that will not impact your credit standing.



# Evitando la Ejecución Hipotecaria

Rushern L. Baker, III  
County Executive



Condado de Prince George  
Departamento de Vivienda y  
Desarrollo de la Comunidad  
Betty Hager Francis, Directora Interina



*Sabe que?  
Usted no está  
Solo*



*Si usted o alguien conocido está en peligro de perder su casa*

*No espere... No dude*

**Llame:**

**Iniciativa HOPE del  
Estado de Maryland**

1.877.462.7555

*o visite la página Web a:  
[www.mdhope.org](http://www.mdhope.org)*

Consejeros Certificados por el Condado de Prince George

**Homefree USA**  
301-891-8400  
[www.homefreeusa.org](http://www.homefreeusa.org)

**Housing Initiatives Partnerships, Inc.**

301-699-5875  
[www.hiphomes.org](http://www.hiphomes.org)

**Housing Options and Planning  
Enterprise, Inc.**

301-567-3330  
[www.hopefinancial.org](http://www.hopefinancial.org)

**Sowing Empowerment in Economic  
Development**

301-458-9808  
[www.seedinc.org](http://www.seedinc.org)

**The Greater Washington  
Urban League**

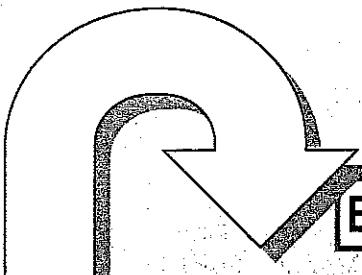
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## Evitando la Ejecución Hipotecaria

Si usted está teniendo problemas en pagar su casa, comience a tomar cargo de la situación informándose detalladamente sobre su hipoteca, sus finanzas y sus recursos. Comience con esta lista para tener control de lo que ya ha hecho y lo que todavía le resta por hacer. Al seguir esta, tendrá una mayor posibilidad de continuar siendo dueño de su casa.

- ◆ Contacte a su banco prestamista si tiene problemas en hacer pagos de la casa. El prestamista es la compañía a la cual usted le manda los pagos cada mes. Números de teléfonos y otros medios de contacto se pueden encontrar en los documentos o en el sitio web. Una compañía legítima de consejería de crédito puede ayudarle a encontrar el contacto apropiado.
- ◆ Averigüe si usted califica para un refinanciamiento de su préstamo. Llame a la línea gratis de consejería 888-995-HOPE (o 888-995-4673) o a alguna otra agencia de buena reputación.
- ◆ Abra toda la correspondencia que le manda su prestamista. Evitar el asunto únicamente hará que la situación se empeore.
- ◆ Reúna copias de los documentos de su hipoteca original, su verificación actual de salario, y la correspondencia sobre pagos tardíos y posible ejecución hipotecaria. Necesitará estos documentos cuando hable con su banco o con los consejeros de crédito.
- ◆ Si su prestamista ha pasado por bancarrota o está cerrando su negocio, llame a la compañía a la cual hace sus pagos para saber quien tomará cargo de su préstamo. Obtenga toda la información necesaria para poder hacer, en adelante, los pagos al nuevo prestamista.
- ◆ Consulte a un abogado si usted cree haber sido víctima de un prestamista usurero. Algunas universidades locales ofrecen clínicas legales gratuitas que le pueden proporcionar asistencia o también puede contactar al Abogado General del Estado, la Asociación Americana de Reguladores de Hipotecas Residenciales ([www.aarmr.org](http://www.aarmr.org)), agencias de igualdad de vivienda, o la Comisión Federal de Comercio ([www.ftc.gov](http://www.ftc.gov)).
- ◆ Pregunte a sus acreedores si el alivio que espera afectará su situación crediticia y su puntaje de crédito en una manera negativa. Si esto pasaría, pregunte por una alternativa que no afectara negativamente su record de crédito.