



Prince George's County Council
DISTRICT 3
Together Strengthening Our Community

Council Member
Eric C. Olson

<https://pgccouncil.us/district3>



SENIOR RESOURCES

Prince George's County Department of Social Services: For general assistance navigating senior services. Shirley Jacobs: tonya.fulwood@md.gov or (301) 909-2085.

Maryland Senior Call Check: Lines are open from Monday to Friday, 8 am-5 pm and Saturday 9 am-3 pm. Seniors 65+ can register by calling (866)502-0560 or visit: <https://aging.maryland.gov/Pages/senior-call-check.aspx>

Accessibility Tax Credit: Prince George's County offers a property tax credit of up to \$2,500 for the installation of accessibility features on owner's residence. Linda Allen, LVAAllen@co.pg.md.us or (301) 952-5356.

Adult Protective Service: Responsible for preventing neglect, self-neglect, abuse, and exploitation of vulnerable adults, ages 18+. (301) 909-2450 to report abuse or neglect; (301) 699- 8605 after business hours.

In-Home Aide Services: Provides assistance with activities of daily living for adults, elderly, or children with disabilities. Services offered on a sliding scale. (301) 909-2450.

The Office of Home Energy Programs: 425 Brightseat Road, Landover, MD 20785, pgcdss.energy@maryland.gov or (301) 909-6300.

Prince George's County Aging and Disabilities Services Family Caregiving Program: Help with problem solving, education, respite care, support groups for caregivers. (301) 265-8450

Money Follows the Person: Help for individuals transitioning from nursing homes or assisted living facilities. (301) 265- 8450

Ombudsman (Advocate) Program: Investigates and resolves problems affecting the rights, safety, care, welfare of nursing home and assisted living residents. (301) 265- 8450

The Accessible Homes for Seniors Program: Call (800)-638-7781

The Prince George's Senior Provider Network: Provides an online and print resource directory and other programs and resources. <https://pgspn.org>

PGC 311: Report potholes, abandoned vehicles, blight, arrange bulk trash pick up or request other County services by dialing 311 from Monday – Friday, from 7am – 7pm or online 24/7 at: countyclick.princegeorgescountymd.gov or call (301) 883-4748.

DoE On Premise Trash/Recycling Pick-up for Seniors/Disabled Individuals: Trash/Recycling may be picked up at the back door rather than curb under certain circumstances Call (301) 952-7630

Seasoned Adults Growing Educationally (SAGE): \$40 per course, for seniors at Prince George's Community College. (301) 546-7422 or [https://www.pgcc.edu/sage/](http://www.pgcc.edu/sage/)

UMD Golden ID: Free tuition (w/ per semester fee) for seniors at University of Maryland, College Park. For additional information, visit www.registrar.umd.edu or call (301) 314-8377.

Services 24/7 Virtual Resource Center: Listing of social services and volunteer opportunities. Visit www.services247.umd.edu

M- NCPPC Department of Parks & Recreation, Prince George's County: Provides a variety of Health and Wellness programs: fitness classes, social activities, seminars, and health screenings. To find a Senior Activity Center near you or if you need a Free Senior ID card, email Seniors@pgparks.com or call (301) 699-2544.

Berwyn Heights Sr. Club: Ray Smith (301) 474-3482. **Helping Hands University Park:** Linda Verrill (301) 892-6636

Meals on Wheels of College Park: Senior meal deliveries, call (301) 927-2700 or visit www.mealsonwheelsofcollegepark.org

Prince George's County Senior Nutrition Program: Provides nutritious meals every weekday to seniors for

WMATA—Senior SmarTrip: Seniors 65+ can use a discounted yellow fare card.

<https://wmata.com/fares/reduced> **Call-A-Cab:** Seniors 60+ can purchase discounted coupon books to pay for cab rides. (301) 883-5656.



Alert Prince George's: Register at alert.mypgc.us to have emergency alerts sent via email or text message.

Contact our District 3 team!

Phone: 301-952-3060 Email: CouncilDistrict3@co.pg.md.us

Web: pgccouncil.us/district3

Find us on social media!

Facebook & Twitter: [@CouncilMemberEricOlson](https://www.facebook.com/CouncilMemberEricOlson)

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